

2026 JULY

Over the past 100 years, July has ranked as the best month of the year for the Dow with an average gain of 1.69%. More recently in the past 20 years, it has ranked as second best with a 2.28% gain and positive performance 85% of the time.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	01 0.17% - MBA Mortgage Apps - ADP Employment - S&P Global Man'f PMI - ISM Man'f Index - Construction Spending - Omdia Vehicle Sales	02 0.14% - Nonfarm Payrolls - Unemployment Rate - Avg. Hourly Earnings - Jobless Claims - Factory Orders - Capital/Durable Goods	03 Markets Closed for July 4th Holiday	04	05
06 0.00% - S&P Global Svcs PMI - ISM Services Index	07 0.10% - ADP Weekly Employment - Trade Balance - Exports/Imports	08 0.07% - MBA Mortgage Apps - Wholesale Inventories - Wholesale Trade Sales - Consumer Credit - FOMC Meeting Minutes	09 0.02% - Jobless Claims - Existing Home Sales	10 -0.06% <i>Historical Average S&P 500 % Change For This Date</i> <i>Historical Composite S&P 500 Intraday Chart for This Date</i>	11	12
13 0.25% - Federal Budget Balance	14 0.24% - NFIB Small Business - ADP Weekly Employment - CPI - Real Hourly Earnings - TIC Flows	15 0.01% - MBA Mortgage Apps - Empire Manufacturing - PPI - Fed's Beige Book	16 0.03% - NY Fed Svcs Activity - Philly Fed Man'f Outlook - Retail Sales - Jobless Claims - Homebuilder Sentiment - Business Inventories - Pending Home Sales	17 0.11% - Import/Export Prices - Housing Starts - Building Permits - Industrial Production - Capacity Utilization - U. of Mich. Sentiment	18	19
20 0.03% - Leading Index	21 -0.23% - ADP Weekly Employment - Philly Fed Svcs Index	22 0.06% - MBA Mortgage Apps	23 -0.26% - Jobless Claims - Chicago Fed Nat'l Activity - KC Fed Man'f Activity	24 -0.16% - Prelim. S&P Global PMIs - New Home Sales - KC Fed Svcs Activity	25	26
27 0.04% - Prelim. Durable Goods - Dallas Fed Man'f Activity	28 -0.08% - ADP Weekly Employment - Goods Trade Balance - Retail Inventories - FHFA Home Prices - Case-Shiller Home Prices - Richmond Fed Man'f - Consumer Confidence	29 0.28% - MBA Mortgage Apps - FOMC Meeting	30 0.23% - Personal Income/Spend - PCE Price Index - GDP - Jobless Claims	31 0.00% - Employment Cost Index - MNI Chicago PMI - U. of Mich. Sentiment	01	02